



BRITISH WEIGHT LIFTING
SFTF 5TH ANNUAL CLUB WINTER COMPETITION 2013
Crossfit IVY- Feltham
SUNDAY , 15th DECEMBER 2013



PLACE	LOT N.	GIVEN NAME	FAMILY NAME	CLUB	BIRTH YEAR	DOB/YY	ANNOUNCED TOTAL	BODYWEIGHT CATEGORIES, kg	BODY WEIGHT kg	SNATCH kg			JERK kg			BEST RESULT		TOTAL kg	SINCLAIR
										1	2	3	1	2	3	SNATCH kg	JERK kg		
Group 1 - U13 and Beginner Girls (9 Lifters start 10:30am)																			
1	10	Wolfat	Safi	Whitmore	02/05/02		U13	50	49.50	10	11	13	x15	15	16	34	31	65	127.0
										3	3	3	0	6	3			36	
1	10	James	Colinese	Twyford	24/03/00		U13	50	48.30	15	17	x20	20	x22	x22	32	0	32	86.0
										2	2	0	4	0	0			16	
1		Tia	Gayle	Willow Tree	31/03/03			53	52.80	25	27	28	30	32	x36	80	30	110	126.0
										3	4	4	8	8	0			54	
1	10	Simran	Brar	Whitmore	04/02/01			56	52.70	25	28	30	35	40	42	83	117	200	236.0
										4	4	0	8	7	8			62	
1	10	Gabriella	Maguran	Feltham	20/03/97		U15	69+	76.1	15	17	20	20	x23	24	20	24	44	52.3
1	10	Charlotte	Mitchell	Heathland	18/09/95		U23	58	53.7	15	20	x23	20	x23	x25	20	23	43	64.2
1	10	Aisha	Kazi	Heathland	15/01/97		U17	63	62.7	25	28	31	30	x33	34	31	34	65	86.7
1	10	Sophya	Rana	Lampton	13/10/98		U15	63	59.9	25	x28	28	30	32	35	28	35	63	86.7
1	10	Rosie	Hogg	Feltham	04/11/98		U15	69+	83.3	27	31	33	40	x44	45	33	45	78	88.7
1	10	Hope	Adams	Fulham cross	18/05/99		U15	69+	89.70	x33	35	40	43	47	50	40	50	90	99.2

Best lifter U13

Best lifter U15

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										1	2	3	1	2	3	SNATCH kg	JERK kg		
Group 2 - U15/U17 Beginner boys (11 Lifters start 12:00am)																			
1	10	Mahan	Shejbani	Feltham	17/12/98		U15	56	56.0	20	23	x28	25	30	35	23	35	58	90.52
1	10	Jwa	Chhetri	Feltham	07/09/98		U15	62	61.0	15	20	x25	28	x32	x32	20	28	48	70.24
0	0	Nithun	Puvirajasinaam	Whitmore	30/04/96		U17	94+	101.3	x35	x35	x35	42	45	48	0	48	0	0.00
2	8	Zain	Rabbani	Heathland	26/10/96		U17	77	70.7	25	28	—	40	43	45	28	45	73	96.71
1	10	Zubair	Mahomade	Heathland	29/06/97		U17	77	75.6	35	38	40	45	50	53	40	53	93	118.35
1	10	Alli Reza	Behrami	St Augustin	14/08/97		U17	94+	96.6	45	50	x65	70	73	x78	50	73	123	138.74
1	10	Michael	O'Keefe	Chiswick school	14/04/96		U17	94	89.5	45	50	56	60	63	65	56	65	121	141.08
1	10	Yaksayan	Sathiyakumar	Heathland	31/08/98		U17	50	50.0	20	25	28	28	32	35	28	35	63	107.94

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										1	2	3	1	2	3	SNATCH kg	JERK kg		
Group 3 - Advanced Girls (9 Lifters start 14:00)																			
2	8	Nasrin	Karimi	Gurnell	10/04/1968		Sen	63	62.2	28	x30	30	40	42	x44	30	42	72	96.5
1	10	Penny	Mulholland	IVY	16/05/1970		Sen	63	62.9	35	x39	x39	45	50	52	35	52	87	115.7
1	10	Tracey	Matthews	IVY	19.05.1981		Sen	75+	85.8	42	x45	45	50	55	x67	45	55	100	112.3
1	10	Vivien	Jones	IVY	27/04/1980		Sen	69	65	x30	33	39	40	50	52	39	52	91	118.5
1	10	Alysia	Ekpiken	Lampton	17/07/1998		U17	69+	99.4	43	46	x60	50	x65	57	46	57	103	109.6
1	10	Sorcha	Gavin	Whitmore	20/10/1997		U17	53	52.1	48	50	52	x67	57	x64	52	57	109	166.7
1	10	Noorin	Gulam	Barnhill	06/09/1995		U23	53	53	55	x60	60	70	x76	x76	60	70	130	196.1
1	10	Shila	Panjavi	Gurnell	14/05/1991		U23	58	57	x60	60	x63	75	x80	80	60	80	140	199.6
1	10	Claire	Donnelly	Sutton & Epsom	13/07/1986		Sen	58	57	40	45	x60	x65	55	x72	45	55	100	142.6

Best lifter U17

Best lifter U23

PLACE	LIFT N.	GIVEN NAME	FAMILY NAME	CLUB	BIRTH YEAR DDMMYY	AGE GROUP TOTAL	BODYWEIGHT CATEGORY, kg	BODY WEIGHT kg	SNATCH kg			JERK kg			TOTAL kg	SINCLAIR			
									1	2	3	1	2	3					
Group 4 - 62kg Boys (7 Lifters start 15:30)																			
1	10	Louis	Hampton Jones	Barnhill	17/03/96	U17	62	61.8	80	88	91	100	108	x110	91	108	199	288.47	Best lifter U17
1	10	Kian	Panjavi	Brentside	06/07/98	U15	62	62.0	68	72	74	78	x83	85	74	85	159	229.95	Best lifter U15
2	8	Gurdeep	Paul	Barnhill	07/12/98	U15	62	61.5	68	x72	72	82	85	x87	72	85	157	228.38	
2	8	Dean	Bakasa	Heathland	24/07/97	U17	62	61.5	x64	64	67	85	x90	x92	67	85	152	221.11	
1	1	Jaspreet	Paul	Uxbridge College	27/11/94	U23	62	58.0	x63	63	x67	80	85	x90	63	85	148	224.82	
0	0	Nam	Ahmadi	Uxbridge College	01/04/95	U23	62	61.9	x87	x87	x87	x116	115	119	0	119	0	0.00	

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									1	2	3	1	2	3	SNATCH kg	JERK kg			
Group 5 - 69kg up to 105+ Male (7 Lifters start 16:00)																			
1	10	Andrej	Grznar	IVY	29/07/79	Sen	69	69.0	40	45	47	55	60	x65	45	60	105	141.25	
1	10	Martin	O'Sullivan	IVY	20/11/82	Sen	77	71.9	60	x65	x65	80	x85	x85	60	80	140	183.55	
1	10	Se	Gavin	Whitmore	16/07/99	U15	85+	85.2	60	70	x79	90	96	x100	70	96	166	198.15	
1	10	Flavian	Suka	Hammersmith	20/04/95	U20	85	78.9	87	91	95	x110	x110	110	95	110	205	254.68	
1	10	Daniel	English	St Marys	08/07/93	U20	105+	118.0	95	x102	102	120	125	138	102	138	240	252.97	
1	10	Stuart	Diplock	St Marys	26/03/93	U20	85	84.3	x105	105	110	140	x145	x145	110	140	250	299.99	
1	10	Matthew	Nourse	Sutton & Epsom	09/01/87	Sen	105	103.2	x100	100	110	135	x140	x145	110	135	245	269.40	
1	10	Adam	Mattiusi	St Marys	23/06/91	U23	77	76.9	x120	x120	125	150	x155	x155	125	150	275	346.56	Best lifter U23

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Best U13 technique: Semran		
	Male	Female
Best U15 :	Kian Panjavi	Hope Adams
Best U17 :	Louis Hampton	Sorcha Gavin
Best U23 :	Adam Mattiusi	Shila Panjavi

BEST TEAM AWARD			
	Schools & Uni	Number & Points	
1	Heathland	56	6
2	Crossfit IVY	50	5
3	Whitmore	#REF!	6
3	Feltham High	40	4
5	Barnhill School	28	4
6	Gurnell	26	2
7	St Marys	21	3
8	Hammersmith	20	2
8	Lampton school	20	2
8	Sutton & Epsom	20	2
11	Willow Tree	10	1
11	Fulham cross	10	1
11	Kingston	10	1
11	Chiswick school	10	1
11	Twyford	10	1
11	St Augustin	10	1
11	Brentside School	10	1
18	Uxbridge College	10	2
41 lifters (15 girls + 26 Boys) and 18 schools & Uni			

Referees : Brian Hamil , nam Ahmadi. Jaspreet Paul, , Nosrat Karimi, Phil prise,kian panjavi. Noorin Gulan, Shila panjavi, Adam Mattiusui,
 Mc: Steve cannon, Shila panjavi. Kian panjavi,
 Director : Kazem Panjavi