

LSE Spring Open London Series 1
Crystal Palace
Saturday March 29th 2014

GIVEN NAME	FAMILY NAME	CLUB	BIRTH YEAR	BODYWEIGHT CATEGORY, kg	BODY WEIGHT kg	SNATCH kg			BEST RESULT SNATCH	JERK kg			BEST RESULT JERK	TOTAL	SINCLAIR	POINTS	
						1	2	3		1	2	3					
Women																	
1	Jo	Calvino	C.Palace	1980	53	51.60	63	65x	65	65	83	86	88	88	153	235.86	10
2	Mercy	Brown	C.Palace	1996	75+	80.80	88	93x	93	93	110	118x	118x	110	203	234.17	9
3	Evelyn	Stephenson	Sutton	1987	75	72.49	67	72	77x	72	87	92	98x	92	164	200.03	8
4	Vikki	Kerr	B.Green	1979	63	58.14	60x	60	63x	60	75	78	81x	78	138	193.95	7
5	Lina	Dusceviene	Connect	1983	69	68.79	60	63	65x	63	78x	80x	80	80	143	179.77	6
6	Anna-Maria	Ronqvist	Causer W	1980	75+	78.80	62	67	72x	67	80	85	90x	85	152	177.47	5
7	Holly	Gehicken	Connect	1974	58	57.03	48	51	52x	51	61	66	67	67	118	168.21	4
8	Claire	Donnelly	Sutton	1986	63	61.13	50	55	60x	55	67	72x	72x	67	122	165.47	3
9	Sonia	Fierro	Sutton		58	56.35	43	46	50	50	58x	58	64	64	114	163.97	2
10	Veronika	Nourse	Unnatt	1981	63	62.60	52x	52	54x	52	70x	70	0x	70	122	162.82	1
11	Thea	Mayes	B.Green		63	60.32	45	50	55x	50	60	65x	65	65	115	157.43	
12	Karina	Howe	B.Green		75	69.33	57	60x	60x		65	68	70x	57	125	156.41	
13	Ruth	Carpenter	C.Palace	1988	75+	104.62	64	66x	66	66	75	79x	79x	75	141	147.78	
14	Orla	McCann	C.Palace	1998	63	59.21	42	44	47	47	55x	55	59x	55	102	141.48	
15	Sophia	Capupang	C.Palace	1975	53	52.66	34	36	37	37	45	48	50x	48	85	128.88	
16	Alicia	Sealey	C.Palace		69	64.41	38	41	44x	41	53	56x	56x	53	94	123.11	
17	Poi	Fakcha	C.Palace	1996	58	57.30	59x	59x	59x	0	0x	0x	0x	0	0	0.00	
Man																	
18	Halll	Zorba	C.Palace	1988	85	79.00	110	114	116x	114	155	162	165x	162	276	342.65	10
19	Liem	Bu-Le	C.Palace	1993	77	76.15	116x	116	120	120	145x	145	150	150	270	342.16	9
20	Andy	Ruegg	Brunel	1986	105+	122.45	125	130	135x	130	157	162	170x	162	292	304.87	8
21	Koing	Chea	Woking	1983	94	91.45	115x	115x	115	115	145	0x	0x	145	260	300.20	7
22	Alexander	Blair	B.Green	1992	85	81.95	100	105x	106	106	130	135	140	140	246	299.49	6
23	Chris	Chea	Woking	1985	69	68.95	92	97	0x	97	112	117	122	122	219	294.75	5
24	Alvin	Ossal	Sutton	1984	94	85.65	110x	110	115x	110	132x	132	142x	132	242	288.11	4
25	Abidur	Rahman	C.Palace	1980	69	63.40	85	90	91	91	105	110x	112x	105	196	279.03	3
26	Damon	Sarmadi	Brunel	1989	85	83.75	100	105x	105x	100	130	0x	0x	130	230	276.91	2
27	Troy	Thompson	B.Green	1989	94	92.85	100	107	110	110	120	128	135x	128	238	272.96	1
28	Stanislaw	Krzyzewski	C.Palace	1990	94	93.30	100	105x	105	105	120	125	130	130	235	268.96	
29	Flavian	Suka	SFTF	1995	77	76.95	96x	96	101x	96	115	120x	122x	115	211	265.81	
30	Doan	Vinh	Crossfit E	1982	85	82.55	90	95x	95	95	110	115	120	120	215	260.76	
31	Mark	Hill	Woking	1981	94	88.85	97x	97	105x	97	117	121	125	125	222	259.71	
32	Weiren	Chen	Crossfit C	1990	62	61.55	80x	80x	80	80	95	100x	100x	95	175	254.42	
33	David	Ethier	Crossfit C	1983	94	92.10	95	100x	100	100	115x	115	120	120	220	253.22	
34	Seth	Casidsid	Crossfit E	1989	56	55.95	70	76x	76x	70	85	90	93x	90	160	249.90	
35	Abdul	Mallk	C.Palace	1987	85	77.40	88x	90	93x	90	105	108	110x	108	198	248.62	
36	Gurdeep	Paul	SFTF	1998	69	64.20	75	80	82x	80	87	92	95	95	175	246.98	
37	Matt	Hope-Porter	Crossfit C	1990	77	76.40	80	85x	85	85	105	110x	110x	105	190	240.33	
38	Max	Khalhra	Brunel	1991	85	82.25	85	90x	90x	85	105x	105x	105	105	190	230.88	
39	Mitchell	Mason	Maldston	1990	77	74.30	70	77	82x	77	95	102	107x	102	179	230.10	
40	Peter	Cardona	Sutton	1964	77	68.70	70	74x	75x	70	85	90	95x	90	160	215.84	
41	David	Lawrence	C.Palace	1985	85	83.55	75	80	82	82	95x	95x	95	95	177	213.36	
42	Luca	Michael	Sutton	1996	62	60.80	50	54	60	60	75	80	85	85	145	212.68	
43	Se	Gavin	SFTF	1999	94	89.35	75	79x	79	79	98	102	110x	102	181	211.20	
44	Christoher	Ryan	B.Green	1990	105	101.60	72	77	82	82	90x	90	97	97	179	197.96	
45	Oliver	Marshall	Unnatt.	1996	77	74.45	60	64x	64	64	77	82	87	87	151	193.88	
46	David	Hardy	C.Palace	1981	94	90.05	56	60	65	65	97	101	108x	101	166	193.00	
47	Stephen	Wilson-Smith	C.Palace	1966	77	70.05	55	60	63	63	75	80	83x	80	143	190.54	
48	Adrian	Kastelic	Sutton	1989	85	83.95	80x	80x	80x	0	105			105	105	126.26	
49	Ross	Roberts	Brunel	1994	94	94.00	90	95	100x	95	120x	120x	0x	0	95	108.38	