



PHOENIX CUP 2016
Harrow School
Sunday, 4th December 2016



PROGRAMME FOR PHOENIX CUP WEIGHTLIFTING COMPETITION

Group 1 Boys -9:30am to 11:10 (Weigh-in: 7:30 am)

1	Simran	Brar	Phoenix	2001	Youth	71	140	1
2	Matt	Fan	SFTF 2	1997	Junior	65	145	2
3	Bruce	Hill	Harrow 1	1998	Youth	66	140	3
4	Adam	Ait Ei caid	Harrow 2	2002	Youth	52	70	4
5	Otto	Heffer	Harrow 2	2002	Youth	40	70	5
6	Alvin	Broman	Landskrona- Sweden	2002	Youth	64	119	6
7	Abin	Leo	Landskrona- Sweden	2000	Youth	85	153	7
8	Naweed	Zaman	Middlesex uni-1	1997	Junior	69	120	8
9	Milo	Chetwynd	Harrow 1	1999	Youth	87	140	9
10	Manraj	Jandu	Brunel Uni	1997	Junior	77	115	10
11	Emmanuel	Mintah	Middlesex uni-2	1995	Senior	62	120	11

Group 2 Girls 11:20 to 13:00 (Weigh-in: 8:00 am)

12	Kerensky	Fernandes	Phoenix	1999	Youth	58	100	1
13	Seesy	Dhanda	SFTF	2008	Youth	30	45	2
14	Francesca	Harrison	SFTF	2000	Youth	69	95	3
15	Hanna	Brodin	Landskrona- Sweden	2004	Youth	44	79	4
16	Kimberley	Paranthoen	C.A.Rosendael 1- France	2000	Youth	63	100	5
17	Aurelia	Bauquel	C.A.Rosendael 1- France	2003	Youth	63	90	6
18	Eveliana	Dauksaite	Harrow 1	1991	Senior	53	95	7
19	Bauquel	Benedicte	C.A.Rosendael 1- France	1993	Senior	58	90	8
20	Georgina	Jackson	Queens Mary uni	1994	senior	63	95	9

Group 3 boys 13:10 to 15:00 (Weigh-in: :11:00 am)

23	Louis	Fournier	C.A.Rosendael 2 - France	2000	Youth	62	185	1
24	Oliver	Fox	SFTF	1997	Junior	80	180	2
25	Alexis	Hoelle	C.A.Rosendael 1- France	1998	Junior	62	205	3
26	Simon	Preston	Bournemouth Uni	1905	Junior	94	200	4
27	Eytan	Benson	SFTF 2	1985	Senior	60	170	5
28	Michael	New	Middlesex uni-1	1994	Senior	94	147	6
29	Atdla	Jovnovics	West London Lifter	1988	Senior	105	190	7
30	Chee Hung	Tan	West London Lifter	1987	Senior	85	163	8
31	Russell	Cadwaller	Queens Mary uni	1993	Senior	94	220	9
32	Anand	Wadee Lurati	Bournemouth Uni 2	1991	Senior	77	170	10

Group 4 Girls 15:10 to 16:40 (Weigh-in: :11:30 am)

33	Kiera	Ashman	Bournemouth Uni	1996	Junior	58	111	1
34	Alexandra	Jane Bovey	Bournemouth Uni	1991	Junior	63	111	2
35	Brityn	Vreeland	Brunel Uni	1999	Youth	80	150	3
36	Jade	Ramsay-overall	West London Lifter	1990	Senior	58	116	4
37	Deborah	Alawode	Phoenix	1997	Junior	69	140	5
38	Georgia	Owens	Brunel Uni	1997	Junior	69	114	6
39	Lucy	Barrett	Phoenix	1987	Senior	54	126	7
40	Bethan	Godwin	SFTF	1996	Senior	63	125	8
41	Natasha	Cassone	Middlesex uni-1	1983	Senior	63	118	9
42	Melissa	Langley	Brunel Uni	1988	Senior	63	122	10
0	Zhazira	Zhapparkul	Kazakhstan	1993	Senior	69	250	11
0	Osarume	Igbineubo M	Nigeria	1996	Junior	58	200	12

Group 5 boys 16:50 to 18:30 (Weigh-in: :11:00 am)

43	Sony	Fartetie	C.A.Rosendael 1- France	2000	Youth	77	240	1
44	Kristian	McPhee	Brunel Uni	1991	Senior	85	257	2
45	Paul	REMBAUVILLE	C.A.Rosendael 2- France	1997	Junior	77	230	3
46	Adam	Fedoricow	Phoenix	1990	Senior	105	320	4
47	Max	Bedouet	SFTF	1989	Senior	104	255	5
48	Andrew	Haston	Harrow 1	1990	Senior	100	240	6
49	Rémi	Denecker	C.A.Rosendael 1- France	1986	Senior	94	250	7
50	Nam	Ahmadi	Bournemouth Uni 1	1995	Senior	72	251	8
51	Kian	Panjavi	Phoenix	1998	Junior	74	235	9
0	Ademola	Ogmmi John	Nigeria	1989	Junior	69	290	0
0	John	Unyime Bassey	Nigeria	1979	Senior	85	295	0

	<u>Teams/Clubs</u>
1	Phoenix
2	SFTF
3	Harrow
4	C.A.Rosendael - France
5	West London Lifter
6	Brunel Uni
7	Bournemouth Uni
8	Queens Mary Uni
9	Middlesex

0	<u>Nigeria</u>
0	Kazakhstan