



**4th**  
**INTERNATIONAL**  
**OPEN WEIGHTLIFTING**  
**COMPETITION 2018**

**21<sup>st</sup> October 2018**  
**Harrow School, London**



**Final Entry: 20th September 2018**

Info: Kazem Panjavi

Email: [kazem@starsforthefuture.com](mailto:kazem@starsforthefuture.com)

Mobil: **+447958685884**



# Phoenix Cup Weightlifting Competition

Invitation: International club Competition for Kids, U<sup>17</sup>  
(Youth) and Junior – Men and Women

Organization: **Kazem Panjavi–Head of the Organizing Committee,**

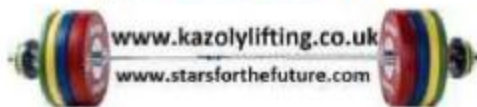
kazem@starsforthefuture.com

Date: 21<sup>st</sup> October 2018

Venue: **Harrow school sport Centre**  
Garlands Lane – Harrow- HA13GF

Weigh-in and start: Final schedule will be published after the final entry.

Admission: All athletes with a valid license entered by clubs/federations by means of the enclosed form.



**HARROW**  
SCHOOL

# Phoenix Cup Weightlifting Competition



## Invitation: International Club Competition for U13 (Kids), U17 (Youth), U20 (Junior) and Senior – Men and Women

**Date:** 21<sup>st</sup> October 2018

**Location:** Harrow School Sports Centre, Garlands Lane, HA1 3GF

**Weigh-in and start times:** *Final schedule will be published after the final entry*

**Admission:** All athletes with a valid license entered by clubs/federations by means of the enclosed form. Doping test possibility by UKAD.

### **Competition specifications:**

- *For under 17:* Athletes born after 01/01/2001
- *For under 20:* Athlete born after 01/01/1998
- Weight categories

#### **Limit:**

- One female Kids (U13) – won't count for the team points if you have more than 3 female lifters
- One female Youth (U17)
- One female U20s
- One female Senior
- One male Kids (U13) – won't count for the team points if you have more than 3 male lifters
- One male youth (U17)
- One male U20s
- One male Senior
- ***Max 6 lifters per team***
  - **As long as a team does not exceed 6 lifters, teams are allowed, as an exception, to have more than one youth in a team. Any extra lifters beyond the standard 6 allowed per team will move to the second team for the same club**
  - 2 kids are allowed per team – they will count towards team points if there are less than 6 people in your team
- The competition will be based on Sinclair points, with the top three lifters from each age group receiving awards. The top six teams will also receive awards on Sunday 21/10/2018 at 9pm during the banquet



**Accreditation:** All coaches, team leaders and guests must pay an entry fee of 20 Euros for the banquet. Referees do not have to pay the accreditation

*This amount must be paid to the below-mentioned account by 20th of September 2018  
which is also the final entry date*

Account Name: Stars For The Future

Name of Bank: Natwest (Perivale Branch)

Sort Code: 60-70-05

Account Number: 50576828

IBAN: GB52NWBK60700550576828

BIC: NWBKGB2L

Bank Address: 40 Bideford Avenue, Perivale, Greenford, Greater London, UB6 7PY

Entry fees for lifters: £30

<http://www.starsforthefuture.com/wordpress/wp-content/uploads/2018/01/SFTF-Phoenix-Oct-2018-Club-Invitation.pdf>

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# Phoenix Cup

## Open Weightlifting Competition

### **Hotel and transport information:**

- .) Room reservations must be made by the organizer, Kazem Panjavi- Head of the Organizing Committee. Prices (as of are published in the invitation.
- .) The technical meeting will take place 20/10/2018 on Saturday 8pm –at the Hotel meeting room.  
The venue of the competition is Harrow school  
Sport center, Harrow on the Hill, Garlands Lane is HA13GF, London
- .) The competitions will be held on 21/10/2108. [Click here](#)
  
- .) Following the competitions on Sunday, the Competition party (banquet) will inform late. The Competition party is free of charge for all lifters, coaches and team leaders with an Accreditation. Victory ceremonies for the winning team, the three best senior, three best U20 Athletes and the three best U13, U17 athletes and 6 best team will be held at the Phoenix cup party.
- .) Entry fees for international lifters is 35 Euro, for referees is free
- .) Gatwick and Stansted airport will be £30 for return per person
- .) Room for 2 on Saturday, Sunday with continental breakfast is: £90  
for 2 on Saturday, Sunday with without breakfast is: £75

Transport from Heathrow to Hotel & Hotel to Heathrow will be £10 for return but from Hotel.

Yours sincerely,

Kazem Panjavi –Head of the Phoenix competition Organization



STARS FOR THE FUTURE  
WEIGHTLIFTING CLUB



