



2nd PHOENIX INTERNATIONAL OPEN WEIGHTLIFTING COMPETITION 2016

4th December 2016
Harrow School, London



Final Entry: 4th November 2016

Info: Kazem Panjavi

Email: kazem@starsforthefuture.com

Mobil: +447958685884



Phoenix Cup Weightlifting Competition

Invitation: International club Competition for U17 (Youth) and Junior – Men and Women

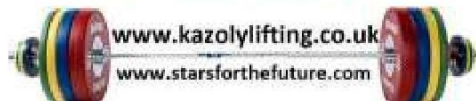
Organization: **Kazem Panjavi– Head of the Organizing Committee,**
138 Curlew Court, West Ealing, London, W13 0AH
kazem@starsforthefuture.com

Date: 4th December 2016

Venue: **Harrow school sport Centre**
Garlands Lane parking is HA1 3GF

Weigh-in and start: Final schedule will be published after the final entry.

Admission: All athletes with a valid license entered by clubs/federations by means of the enclosed form.



HARROW
SCHOOL



Competition specs: **Phoenix Cup Open Weightlifting Competition:**

For under 17: Athletes born after 01/01/1999

For under 20: Athlete born 01/01/1996 to 31/12/1998

Weight categories:

Limit:

One male & one female youths (U17)

One male & one female Junior (U20)

One male & one female Senior

Max 6 lifters per team.

As long as a team does not exceed 6 lifters, teams are allowed on an exception to have more than one youth only in a team.

Any extra lifters more than 6 will move to the second team.

Competition will be based on Sinclair point and three lifters from each age group and six team will receive the award on the Sunday 4/12/2016 night a 9pm.

Accreditation:

All coach – team leader and guest need to pay an entry fee of 20 Euro for the banquet

Referees do not have to pay the accreditation

The amount has to be paid to the below mentioned account until the 4th of November 2016 which is also the final entry date.

Account Name: Stars for the future

Name of the Bank: NATWEST (Perivale branch)

Sort Code: 607005

Account Number: 50576828

IBAN: GB52NWBK60700550576828

BIC: NWBKGB2L

Bank address: 40 Bideford Ave, Perivale, Greenford, Greater London UB6 7PY



Phoenix Cup

Open Weightlifting Competition

Hotel and transport information:

- .) Room reservations must be made by the organizer, Kazem Panjavi- Head of the Organizing Committee. Prices (as of 4/11/ 2016) are published in the invitation.
 - .) The technical meeting will take place on Saturday, 3/12/2016, at approx. 20.00 – at the Hotel meeting room. The venue of the competition is Harrow school Sport center, Harrow on the Hill, Garlands Lane parking is HA1 3GF, London.
 - .) The competitions will be held on 4/12/2016. [Click here for location](#)
 - .) The organizer must be in receipt of final entries by 4/11/2016 at the latest
 - .) Following the competitions on Sunday, the Competition party (banquet) will inform late. The Competition party is free of charge for all lifters, coaches and team leaders with an Accreditation. Victory ceremonies for the winning team, the three best senior, three best U-20 Athletes and the three best U-17 athletes and 6 best team will be held at the Phoenix cup party.
 - .) Entry fees for international lifters is 30 Euro, for referees is free
 - .) Gatwick and Stansted airport will be £30 for return per person
 - .) Room for 1 on Saturday, Sunday with continental breakfast is: £100
 - .) Room for 2 on Saturday, Sunday with continental breakfast is: £150
 - .) Room for 3 on Saturday, Sunday with continental breakfast is: £180
 - .) Room for 4 on Saturday, Sunday with continental breakfast is: £210
 - .) Transport from Heathrow to Hotel & Hotel to Heathrow will be £10 for return but from Hotel will be a 10 min walk from the competition venue, only 4 service for transport will be Provided
- a: 5:00pm on Saturday 3/12/2016 from hotel to Harrow school sport center for training and meeting at hotel at 8pm.
- b: 7:30am on Sunday 4/12/2016 from hotel to Harrow school sport center.
- c: 11am from Harrow school sport center to the hotel.
- e: after competition from Harrow school sport center to Hotel
- f: Monday 5/12/2016, at 12:00pm to Airport.

Yours sincerely,

Kazem Panjavi – Head of the Phoenix competition Organization





HARROW SCHOOL

