



4th Phoenix cup- Starting List and programme

Miscellaneous+ kids

Weigh-in: 8am- Start 10am

Solo sing: Aysha

9:50am

1	1	Jarnial	Singh	SFTF	2008	Kids-M	50
2	2	Baljit	Kaur	Phoenix	2007	Kids-F	47
3	3	Aman	Kaur	SFTF	2010	Kids-F	35
4	4	Alexandra	Courtois	Département du Nord	2001	Junior-F	110
5	5	Kristine	Santos	Oxford Uni	1996	Senior-F	115
6	6	Micheala	Shaw	West London Lifters	1991	Senior- F	111
7	7	Setareh	Shokoohi	Brunel Uni	1997	Senior-F	110
8	8	Vindhya	Gobin	SFTF	1988	Senior-F	112

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Male- Youth & Junior

Weigh-in: 8am- Start 11:30am

Karan's Bollywood

11:15am

9	1	Tristan	Buyschaert	Département du Nord	2003	Youth-M	160
10	2	Ayo	Faduhunsi	Oldbury Academy	2002	Youth-M	190
11	3	Leo	Handy	Oldbury Academy	2003	Youth-M	135
12	4	Levi	Whyte	Oxford power	2003	Youth-M	142
13	5	Adam	Ait Ei Caid	Harrow	2002	Youth-M	110
14	6	George	Burnham	Oxford power	2005	Youth-M	92
15	7	Oliver	Barzyk	Phoenix	2004	Youth-M	115
16	8	Steve	Bestman	Phoenix	2000	Junior-M	250
17	9	Kansara	Priyam	Brunel Uni	1999	Junior-M	180
18	10	Joe	White	Oldbury Academy	1999	Junior-M	244
19	11	Elliot	Kraftman	SFTF	2000	Junior-M	180
20	12	Louis	FOURNIER	Département du Nord	2000	Junior-M	235

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Females

Kidology KDC

Weigh-in: 11am- Start 1pm

12:45pm

21	1	Laura	Helyar	Oxford power	2002	Youth-F	130
22	2	Aurélia	Bauquel	Département du Nord	2003	Youth-F	120
23	3	Ilze	Ojere	Phoenix	2002	Youth-F	130
24	4	Deborah	Alawode	Phoenix	1997	Senior-F	170
25	5	Jessica	Tea	Oxford power	1989	Senior-F	163
26	6	Cyrielle	Petit Calas	Département du Nord	1990	Senior-F	180
27	7	Maria	Goriuo	Brunel Uni	1989	Senior-F	135
28	8	Hanna Tabea	Tabel	AC Mutterstadt- Weightlifting Germany	1996	Senior-F	220

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Senior-M

Kurdish dance

Weigh-in: 11am- Start 3pm

0.6180556

29	1	Nathan	Buysschaert	Département du Nord	1994	Senior-M	280
30	2	Vincent	Fontenelle	Département du Nord -2	1980	Senior-M	300
31	3	Jaswant	Shergill	Oldbury Academy	1993	Senior-M	235
32	4	Christopher	Palser-Thorne	Oxford power	1993	Senior-M	287
33	5	Izaak	Wilson	Phoenix	1994	Senior-M	240
34	6	Adam	Songhurst	Brunel Uni	1990	Senior-M	250
35	7	Andy	Haston	SFTF	1990	Senior-M	245
36	8	Max	Lang	AC Mutterstadt- Weightlifting Germany	1992	Senior-M	340
37	9	Haward Adam	Ching	Oxford	1995	Senior-M	191

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Medal ceremony 5:00pm

Banquet 7pm

Solo singer	9:50am to 10am
Group 1: Miscellaneous+ kids	Weigh-in: 8am- Start 10am
Karan's Bollywood	11:15am to 11:30am
Group 2: Male Youth & Junior	Weigh-in: 8am- Start 11:30am
Kidology KDC	12:45pm to 1pm
Group 3: Females	Weigh-in: 11am- Start 1pm
Kurdish Dance	Start 2:45pm to 3:00pm
Group 4: Senior Males	Weigh-in: 11am- Start 3pm
Marshal art performance	4:30 to 4:45
Duet singing : Aysha & Ilze	4:45pm to 5:00pm
Medal ceremony 5:00pm	
Banquet 7pm	

